



# High Protein Spicy Tomato Soup

## With Rousselot® ProTake™

With Rousselot ProTake, it is easy to reach high protein level in a wide range of food products whether sweet or savory. Cooked tomato also benefits your body with its lycopene antioxidant properties. This low fat and high protein creamy soup made with cooked tomato and hydrolysed gelatin is your perfect partner for a healthy diet.

ProTake is available in both porcine and bovine versions.

### Recipe (for 100kg of finished product)

<b>(a) Rousselot® ProTake™</b>	<b>3.2 kg</b>
Tomato juice powder (Diana Food)	7.4 kg
Potato starch	3 kg
Whole milk powder	2.7 kg
Tomato flakes (Diana Food)	2 kg
Sugar (sucrose)	0.5 kg
Sub4salt (Jungbunzlauer)	1 kg
Corn starch	1 kg
Onion juice powder (Diana Food)	0.9 kg
Garlic (powder)	0.2 kg
Ground Cayenne hot chili pepper	0.1 kg
Ground cumin	0.1 kg
Citric acid monohydrate	0.07 kg
<b>(b) Water</b>	<b>77.83 kg</b>

### Process

- Blend (a) all powder ingredients.
- Boil (b) water and disperse the powder mix in it using a whisk.
- Finalize dispersion with a hand mixer until a smooth texture is obtained.

*Contains allergens: milk*

### Nutritional facts

	For 100g	For 1 cup (20 cL)
Energy	77 kcal 327 kJ	150 kcal 634 kJ
Fat	0.9 g	1.7 g
of which – saturates	0.5 g	0.9 g
Carbohydrate	13 g	25 g
of which – sugars	3.9 g	7.8 g
Protein	4.3 g	8.6 g
Salt	0.67 g	1.3 g

*Formulation complies with EU regulations. Always consult the local requirements regarding labelling outside EU.  
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